



## Parent Fuel – Destiny Deciders

- #1 – Personality: Pages 2-8
- #2 – Spiritual Gifts: Pages 9-12
- #3 – Abilities and Experiences: Pages 13-15
- #4 – Motivation: Pages 16-18
- #5 – Purpose: Page 19
- #6 – Values: Pages 20-21
- #7 – Goals: Pages 22-23
- #8 – Time: Pages 24-25
- #9 – Decisions: Page 26

# Destiny Decider #1

## Personality

Take the “Discovering My Personality” test and then score it yourself. Follow the instructions.

### DISCOVERING MY PERSONALITY TEST

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Before you begin read about the four personality types on pages 4-11.

Each of us is a combination of the four basic personality types. No one particular personality is any better or any worse than the others. They are all different. Therefore, there are no right or wrong answers. In each of the twenty-four lines on the next page, you have a choice of four words or phrases. Choose the word or phrase that best describes you when you are with your family and your friends.

Follow these two steps to complete the test.

1. Circle the one word or phrase on each of the twenty-four lines that best describes you. Circle only one per line. Choose the word or phrase that describes how you really are, not what others expect of you, or how you wish you were.
2. Determine your score by locating the word or phrase on line 1 that you circled and matching it to the column letter at the top. Find line 1 of the Scoring Sheet and locate the matching letter. Circle the column letter. It will not necessarily be the same column as the test.

For example, on line 1 if you circled “daring, pioneering,” it is under column B. Go to line 1 on the Scoring Sheet and circle the “B.” You will note that it is now under column 1. Once you have transferred all answers from the test to the Scoring Sheet, add up the total number of circles in each column and place that number on the line at the bottom of that column. These four numbers should total twenty-four. The column you score highest in is your dominant personality type.

Column 1—Choleric (The Doer)  
Column 2—Sanguine (The Influencer)  
Column 3—Phlegmatic (The Relater)  
Column 4—Melancholy (The Thinker)

Now that you know your personality type review the characteristics of your personality on pages 4-11.1

## Discovering Your Personality Survey

Directions: Circle ONE phrase in each row that you feel describes you best.

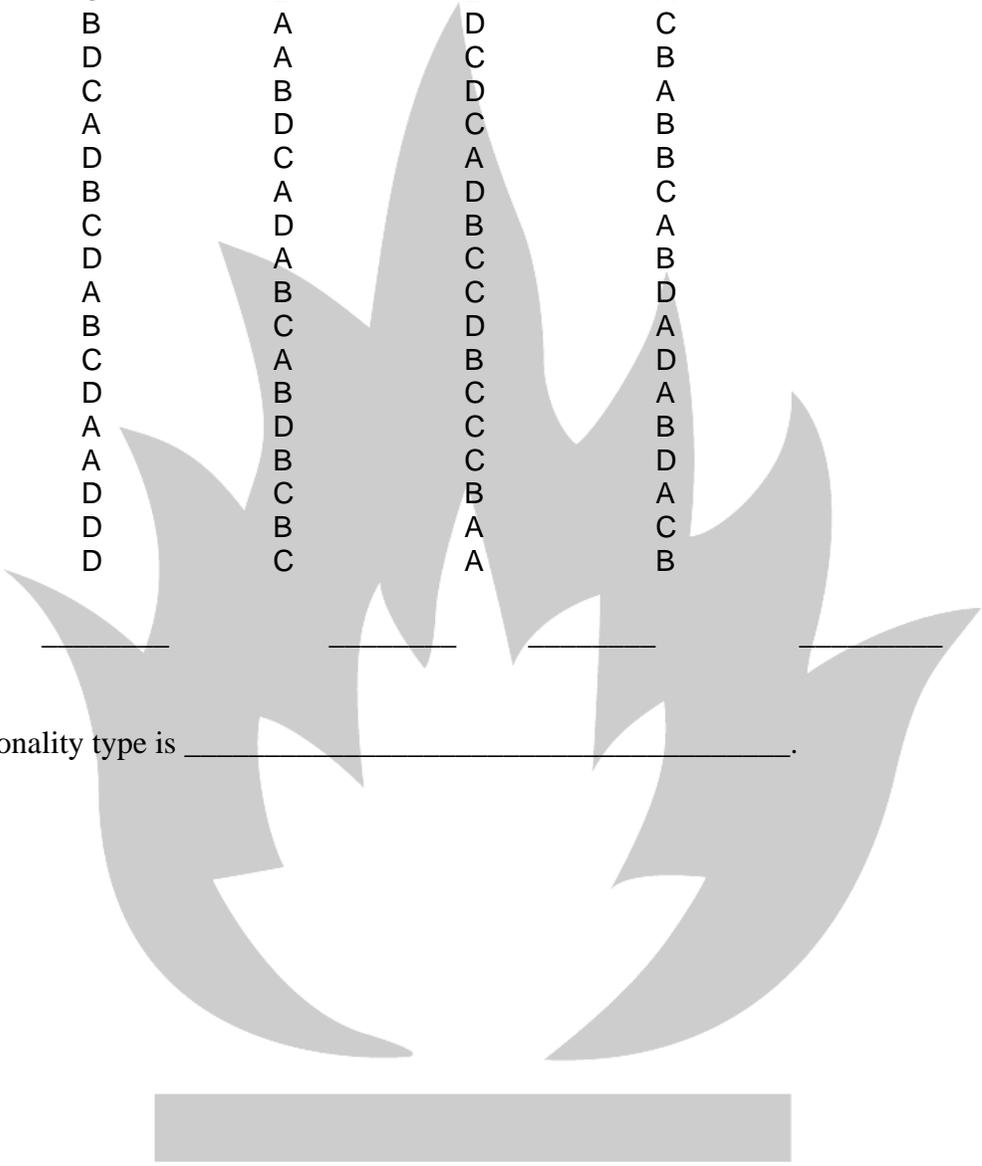
	A	B	C	D
1	gentle, kind	daring, pioneering	humble, mild mannered	persuasive
2	stubborn	careful	likable	considerate
3	patient	sociable	bold	analytical
4	decisive	listens	easy going	free-spirited
5	precise, accurate	funny	slow to get angry	forceful
6	inspiring	self-reliant	tactful with words	thinks of others
7	perfectionist	team-player	will not give up	wants to have fun
8	motivator	brave	unsure	mediator
9	friendly	exact	even-tempered	competitive
10	thinks things through	shows feelings	insistent	balanced
11	decision-maker	sacrificing	mild-mannered	talkative
12	easily pleased	respectful	full of life	daring
13	enthusiastic	aggressive	tends to worry	easy going
14	cautious	understanding	takes charge	gets agreement
15	expresses emotion	detailed	agreeable	loves challenges
16	confident	animated	one thing at a time	analytical
17	self-disciplined	suspicious	lively	predictable
18	energetic	kind	adventurous	chooses carefully
19	quiet	positive	willing to please	tries new things
20	argumentative	examines closely	easily led	does not worry
21	demanding	trusting	contented	critical of self
22	repetitious	indecisive	has many friends	controlling
23	supportive, helpful	fun to be with	decides carefully	outspoken
24	gets along easily	questioning	popular	wants change

# Scoring Sheet

- |     |   |   |   |   |
|-----|---|---|---|---|
| 1.  | B | D | A | C |
| 2.  | A | C | D | B |
| 3.  | C | B | A | D |
| 4.  | A | D | C | B |
| 5.  | D | B | C | A |
| 6.  | B | A | D | C |
| 7.  | C | D | B | A |
| 8.  | B | A | D | C |
| 9.  | D | A | C | B |
| 10. | C | B | D | A |
| 11. | A | D | C | B |
| 12. | D | A | A | B |
| 13. | B | C | D | C |
| 14. | C | A | A | B |
| 15. | D | D | C | C |
| 16. | A | A | D | A |
| 17. | B | C | B | B |
| 18. | C | A | C | C |
| 19. | D | B | D | A |
| 20. | A | D | C | D |
| 21. | A | B | C | A |
| 22. | D | C | C | B |
| 23. | D | B | C | A |
| 24. | D | C | A | B |

\_\_\_\_\_

My personality type is \_\_\_\_\_.



## CHOLERIC (THE DOER)

Doer Dominant Directive Driver Dynamic Determined Developer

Motivated by:

Challenges, projects, results, and the freedom to act

Goal:

To challenge the status quo by controlling the environment and overcoming the opposition in order to achieve the desired results

Strengths and Weaknesses:

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"><li>• Overcomer</li><li>• Visionary</li><li>• Decisive</li><li>• Goal oriented</li><li>• Persistent</li><li>• Initiating</li><li>• Confident</li><li>• Assertive</li><li>• Competitive</li><li>• Authoritative</li><li>• Independent</li></ul>	<ul style="list-style-type: none"><li>• Controversial</li><li>• Oblivious to risks, facts</li><li>• Overbearing</li><li>• Impatient</li><li>• Inflexible, unyielding</li><li>• Dictatorial</li><li>• Braggart</li><li>• Blunt</li><li>• Abrasive</li><li>• Demanding</li><li>• Refuses help</li></ul>

Best Environment:

- Challenging project
- Variety in schedule and opportunities
- Freedom from control and detail

Biggest Fear: Incompetence, being taken advantage of

Reaction to Stress: Takes control

Suggestions for Personal Growth:

- Express empathy and emotion.
- Learn to listen.
- Relax and enjoy life.
- Be honest about weaknesses.
- Say, "I was wrong."
- Give in to others.
- Practice patience.
- Don't brag or say, "I told you so."

If this is your personality, then intensely pursue God's vision for you. Submit your plans to Him, and pursue them with love and sensitivity. Allow yourself to be "crucified with Christ" daily so that you go after goals that are God's goals and not your own. Then God will help you overcome your weaknesses and will use you to impact the world for Christ.

## SANGUINE (THE INFLUENCER)

Influencer Initiator Inspirer Interest in people Interacter

Motivated by: People, approval, and recognition

Goal: To persuade others by creating an environment that motivates and assembles people to influence others

Strengths and Weaknesses:

---

### STRENGTHS

- Optimistic
- Enthusiastic
- Personable
- Charismatic
- Confident
- Communicative
- Persuasive
- Gregarious
- Sense of humor
- Compassionate
- Life of the party
- Memory for stories
- Innocent
- Good on stage

### WEAKNESSES

- Overselling
- Manipulative
- Self-centered
- Emotional
- Overconfident
- Compulsive talker
- Poor listener
- Superficial
- Exaggerative
- Angers easily
- Disorganized
- Bored with detail
- Naive
- Insecure

Best Environment:

- Freedom from control and detail
- Opportunity to influence others
- Friendly

Biggest Fear: Rejection

Reaction to Stress: Attacks verbally

Suggestions for Personal Growth:

- Listen more.
- Discipline yourself to follow through.
- Control your time and emotions.
- Condense your conversation.
- Follow through on friendships.
- Say no to extra responsibilities.
- Be sensitive to others.
- Don't come on so strong.

If this is your primary personality type, then rejoice that God will use you to have such a persuasive influence on people, and make it a goal to increase your effectiveness by asking God to help you discipline yourself to overcome your weaknesses.

## PHLEGMATIC (THE RELATER)

Sympathetic Stable Steady Sensitive Security conscious Supportive

Motivated by: Relationships and appreciation

Goal: To support the present environment by encouraging positive relationships and specializing in specific tasks and consistent roles

Strengths and Weaknesses:

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"><li>• Loyal</li><li>• Supportive</li><li>• Agreeable</li><li>• Relational</li><li>• Easy-going, relaxed</li><li>• Balanced</li><li>• Consistent</li><li>• Sympathetic and kind</li><li>• Diplomatic</li><li>• Dependable</li><li>• Reluctant leader</li><li>• Sincere</li><li>• Quiet listener</li><li>• Contented</li></ul>	<ul style="list-style-type: none"><li>• Avoids conflict</li><li>• Unenthusiastic</li><li>• Conforming</li><li>• Possessive</li><li>• Complacent</li><li>• Indecisive</li><li>• Limited goals</li><li>• Fearful and worried</li><li>• Unspoken expectations</li><li>• Undisciplined</li><li>• Misses opportunities</li><li>• Lenient</li><li>• Spectator</li><li>• Lethargic</li></ul>

Best Environment:

- Specialized opportunities with parameters
- Working with a team consistently
- Supportive appreciation

Biggest Fear: Loss of security

Reaction to Stress: Passively yields

Suggestions for Personal Growth:

- Acknowledge self-worth.
- Take initiative to participate.
- Set goals.
- Don't procrastinate.
- Make key decisions daily.
- Broaden range of friendships.

If this is your primary personality type, discover how God can use you to build positive, long-term relationships that will support your present environment. Ask God to help you take initiative to overcome your weaknesses.

## MELANCHOLY (THE THINKER)

Contemplator Conscientious Competent Creative Controlled  
Correct/analytical Calculating Compliant

Motivated by: Excellence, accuracy, protection, and security

Goal: To accurately create a product that meets the highest standards of excellence

Strengths and Weaknesses:

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"><li>• Precise</li><li>• Orderly</li><li>• Thorough</li><li>• Cautious</li><li>• Analytical</li><li>• Systematic</li><li>• Accurate</li><li>• Conscientious</li><li>• Adaptable</li><li>• Creative</li><li>• Quiet</li><li>• Self-sacrificing</li><li>• Faithful</li><li>• Perfectionist</li><li>• Thinker</li></ul>	<ul style="list-style-type: none"><li>• Too careful</li><li>• Picky</li><li>• Too detailed</li><li>• Too cautious</li><li>• Analysis paralysis</li><li>• Obsessive/compulsive</li><li>• Indecisive</li><li>• Detached</li><li>• Sensitive</li><li>• Finicky</li><li>• Withdrawn</li><li>• Martyr complex</li><li>• Too involved</li><li>• Judgmental</li><li>• Depressed</li></ul>

Best Environment:

- Supportive and predictable
- Clearly defined standards of excellence
- Operating with precision and accuracy

Biggest Fear: Criticism, change

Reaction to Stress: Withdraws

Suggestions for Personal Growth:

- Loosen the grip on perfection.
- Don't take it personally.
- Risk verbalizing your feelings.
- Think positively.
- Control emotional highs and lows.
- Respect others with their imperfections.
- Accept change.

If this is your primary personality type, then analyze how God will use you to create artistry and excellence in the body of Christ. Design a plan to increase your effectiveness, and ask God to help you overcome your weaknesses.

# Destiny Decider #2

## Spiritual Gifts

### SPIRITUAL GIFTS SURVEY

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This survey is designed to help you discover your basic motivational gift<sup>1</sup>. It is not a foolproof method; however, it will provide a guideline. For some who take the survey, it will become obvious what their spiritual gift is. For others it will help them to narrow down to two or three the most likely possibilities.

#### Instructions for Taking the Survey

1. Please answer every question. Do not leave any questions blank.
2. There are no right or wrong answers to any of the questions. Answer the questions as they apply to you.
3. Mark the answers with
  - + (usually characterizes me)
  - o (sometimes characterizes me)
  - (hardly ever characterizes me)

#### Scoring Instructions

1. Complete the survey, answering every question.
2. On the page entitled "Tally Sheet for Spiritual Gift Survey," add the numbers for each category to discover the total. The one you have the most of is your primary motivation gift.

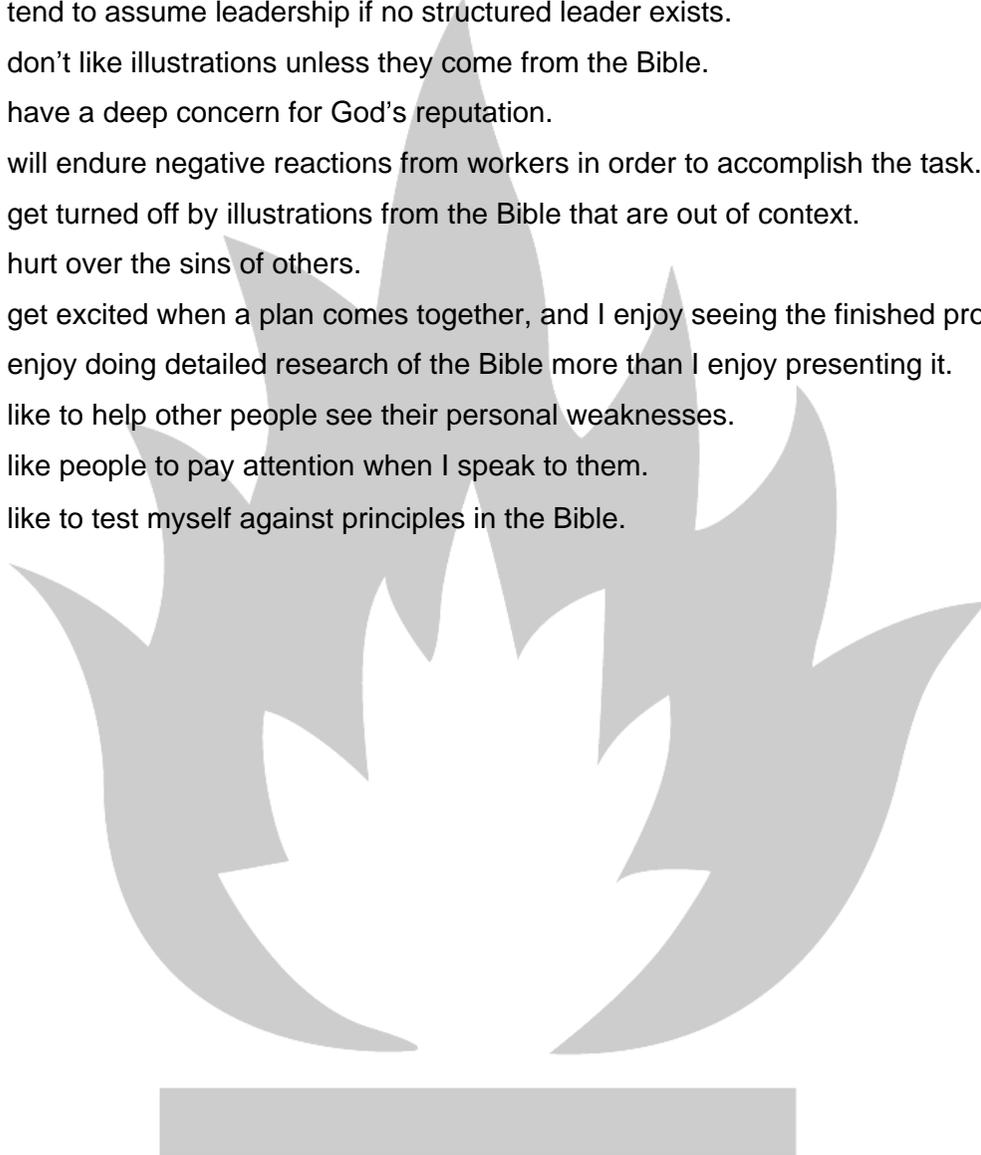
#### Identifying Your Spiritual Gifts

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1. I easily recall specific likes and dislikes of people.
2. I enjoy making wise purchases and investments.
3. When another person has problems, I like to see what needs to be done and offer steps of action.
4. I am free to feel happy or sad when I am with an individual or group.
5. I like to discover and meet practical needs, especially manual projects.
6. I have a desire to give money to valuable projects or ministries.
7. I avoid giving people information that lacks practical application to their lives.
8. I am attracted to and understand people who are in distress.
9. I have the desire to meet needs as quickly as possible.
10. I give my money hoping to get others to give.
11. I have the ability to see how people's problems can help them reach new levels of maturity.
12. I have a desire to remove hurts and bring healing to others.
13. I don't get tired when I meet others' needs.

14. I see financial needs that others might overlook.
15. I have more concern for people's mental distress than for their physical distress.
16. I am willing to use my personal funds to avoid delaying a project.
17. I enjoy meeting needs without someone putting pressure on me to do it.
18. I like to discover insights from people's human experiences that can be backed up in Scripture.
19. I avoid confrontation unless I see how it will benefit another person.
20. I like to see a job completed, even if I have to give extra effort to finish it.
21. I enjoy it when my money is an answer to specific prayer.
22. I like it when people are eager to follow potential steps of action.
23. I am sensitive to words and actions that hurt other people.
24. I consult with another person to confirm the amount of a gift I want to give.
25. I don't like it when someone teaches me something that does not have practical steps of action.
26. I have the ability to sense sincere motives in other people.
27. I am involved in a variety of activities and find it difficult to say no.
28. I have a concern that my money goes to quality individuals and ministries.
29. I enjoy talking to people when it results in new insights for them.
30. I enjoy short-range goals but get frustrated with long-range goals.
31. I like to feel a part of the people or work to whom I give my money.
32. I feel close to those who are sensitive to the needs and feelings of others.
33. I experience frustration when time limits are attached to jobs.
34. I do not feel close to those who are insincere or insensitive.
35. I like to verbally express what God has shown me.
36. I have the ability to see the big picture and to set long-range goals.
37. I believe that the gift of teaching is the foundation for all other gifts.
38. I can discern the character and motives of others.
39. I like to organize the things for which I am responsible.
40. I like words to be accurate when I talk and write.
41. I am able to identify, define, and hate evil.
42. I like to complete tasks as quickly as possible.
43. I like to challenge the knowledge of those who teach me.
44. I am willing to confess my sins if it encourages others to confess theirs.
45. I like to know the resources available to me to complete a task.
46. I like to do research in order to prove the truth of the Bible.

47. I like to depend on the Bible as my highest authority.
48. I know what can or cannot be delegated.
49. I like to see people's behavior change to match their convictions.
50. I like to move on to a new challenge.
51. I like to systematically study and teach the Bible.
52. I like to speak to others directly to persuade them to action.
53. I tend to assume leadership if no structured leader exists.
54. I don't like illustrations unless they come from the Bible.
55. I have a deep concern for God's reputation.
56. I will endure negative reactions from workers in order to accomplish the task.
57. I get turned off by illustrations from the Bible that are out of context.
58. I hurt over the sins of others.
59. I get excited when a plan comes together, and I enjoy seeing the finished product.
60. I enjoy doing detailed research of the Bible more than I enjoy presenting it.
61. I like to help other people see their personal weaknesses.
62. I like people to pay attention when I speak to them.
63. I like to test myself against principles in the Bible.



## Tally Sheet for Spiritual Gift Survey

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Instructions: Add the numbers under each category.

2 points for +

1 point for o

0 points for -

Serving

1 \_\_\_ 5 \_\_\_ 9 \_\_\_ 13 \_\_\_ 16 \_\_\_ 20 \_\_\_ 27 \_\_\_ 30 \_\_\_ 33 \_\_\_

Total \_\_\_\_\_

Giving

2 \_\_\_ 6 \_\_\_ 10 \_\_\_ 14 \_\_\_ 17 \_\_\_ 21 \_\_\_ 24 \_\_\_ 28 \_\_\_ 31 \_\_\_

Total \_\_\_\_\_

Exhortation

3 \_\_\_ 7 \_\_\_ 11 \_\_\_ 18 \_\_\_ 22 \_\_\_ 25 \_\_\_ 29 \_\_\_ 35 \_\_\_ 62 \_\_\_

Total \_\_\_\_\_

Mercy

4 \_\_\_ 8 \_\_\_ 12 \_\_\_ 15 \_\_\_ 19 \_\_\_ 23 \_\_\_ 26 \_\_\_ 32 \_\_\_ 34 \_\_\_

Total \_\_\_\_\_

Prophecy

38 \_\_\_ 41 \_\_\_ 44 \_\_\_ 47 \_\_\_ 49 \_\_\_ 52 \_\_\_ 55 \_\_\_ 58 \_\_\_ 61 \_\_\_

Total \_\_\_\_\_

Leadership

36 \_\_\_ 39 \_\_\_ 42 \_\_\_ 45 \_\_\_ 48 \_\_\_ 50 \_\_\_ 53 \_\_\_ 56 \_\_\_ 59 \_\_\_

Total \_\_\_\_\_

Teaching

37 \_\_\_ 40 \_\_\_ 43 \_\_\_ 46 \_\_\_ 51 \_\_\_ 54 \_\_\_ 57 \_\_\_ 60 \_\_\_ 63 \_\_\_

Total \_\_\_\_\_

# Destiny Decider #3

## Abilities and Experiences

### ABILITIES SURVEY

---

Make a list of your five most fulfilling accomplishments.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Now go back and circle the verbs that show the actions you performed in each achievement.

Now check the five most significant abilities you have.

- Entertain: perform, act, dance, speak, model, sing
- Recruit: enlist, motivate people to get involved
- Interview: discover what others are really like
- Research: read, gather information, collect data
- Draw: conceptualize, picture, paint, photograph, cartoon, caricature
- Graph: lay out, design, create visual displays or banners
- Evaluate: analyze data and draw conclusions
- Plan: strategize, design, and organize programs and events
- Manage: supervise people and coordinate the details to accomplish a task
- Counsel: listen, encourage, guide with sensitivity
- Teach: explain, demonstrate, tutor, train
- Write: produce articles, letters, books
- Edit: rewrite, proofread
- Promote: advertise events and activities
- Repair: fix, restore, maintain
- Feed: create meals for large or small groups
- Recall: remember names, faces, or information
- Mechanically operate: use equipment, tools, or machinery
- Resource: search out inexpensive approaches
- Account: work with numbers, data, or money
- Classify: systematize and file books, data, records, material
- Relate: deal with people with care and courtesy
- Welcome: develop rapport, convey warmth, make people feel comfortable
- Compose: write music, lyrics
- Landscape: garden, work with plants, beautify the outdoors
- Decorate: beautify a setting

Combining the lists of your five most fulfilling accomplishments and your five most significant abilities, write down your top five:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### EXPERIENCES SURVEY

---

Write your autobiography by recording your three most significant experiences at each age level. Consider the following types of experiences as you think about it.

- spiritual experiences (most meaningful decisions/times with God)
- painful experiences (problems, hurts, trials)
- educational experiences (favorite subjects, best teacher, where you learned the most)
- ministry experiences (opportunities to serve, witness)

Ages 1–12

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Ages 13–18

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Ages 19–22

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Ages 23 to present

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What do you consider the five most significant experiences in your life? Why?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Write down a final list of your abilities and experiences:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

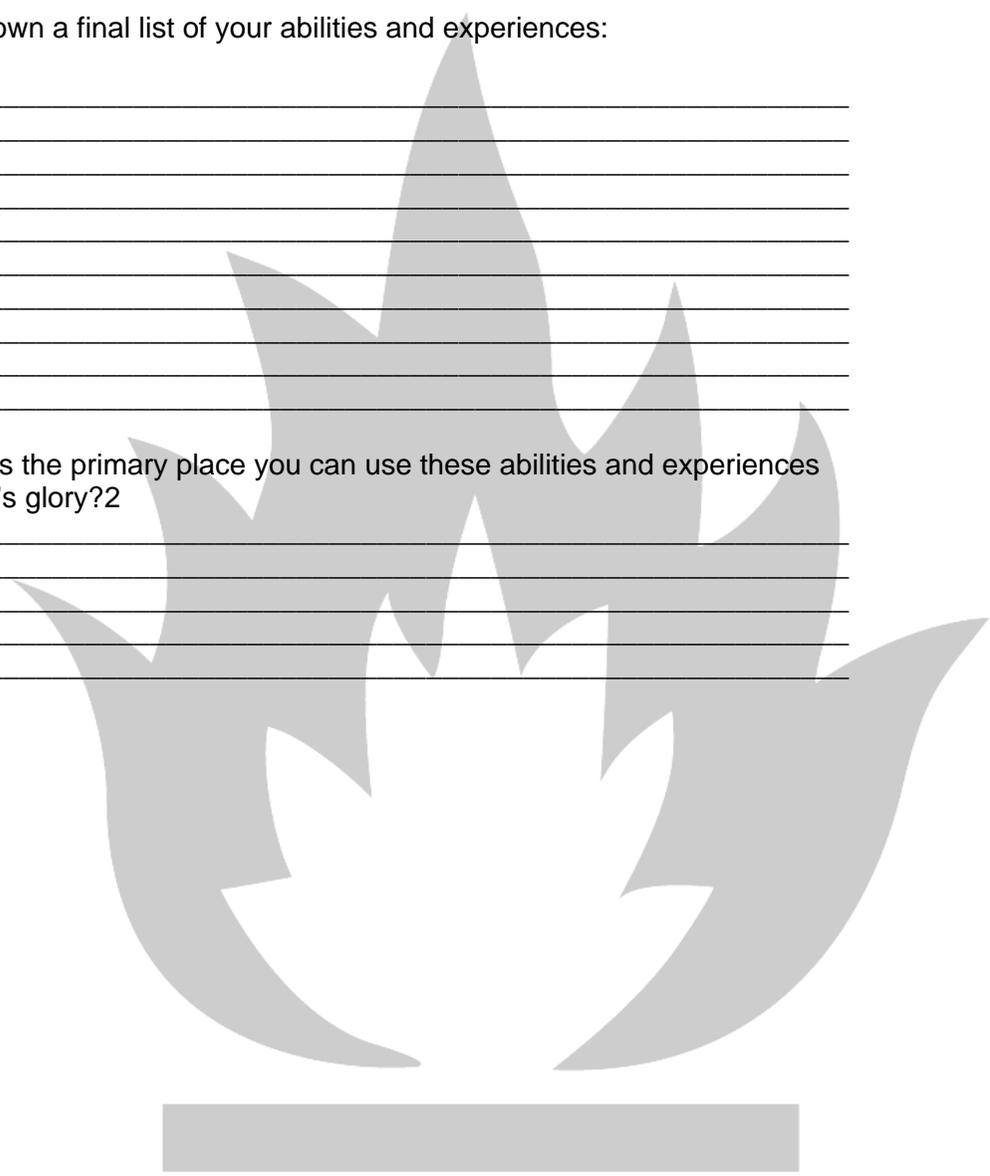
Where is the primary place you can use these abilities and experiences for God's glory?<sup>2</sup>

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Destiny Decider #4

## Motivation

### MOTIVES AND MOTIVATION TEST

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Decide which of these issues hinders pure motives or stifles your motivation.

On a scale of 0–5 check (✓) the ones you struggle with most. (0 is no struggle; 5 is total struggle). Make a list of your “Top Three” at the end of each section. Follow the instructions at the end of the test.

#### Wrong Motives Test

---

0      1      2      3      4      5

- Evil thoughts
- Sexual immorality (messing with sex)
- Theft (stealing, cheating)
- Murder (hateful thoughts or actions intended to hurt someone)
- Adultery (sex outside of marriage)
- Greed (materialism)
- Malice (hatred)
- Deceit (lying, cheating)
- Lewdness (obscene language or actions)
- Envy (jealousy)
- Slander (gossip)
- Arrogance (pride)
- Folly (party animal)

#### TOP THREE:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

#### MIXED MOTIVES TEST

---

In this section make a list of two under each question, and then proceed with the instructions.

0      1      2      3      4      5

1. What do you worry about most?

1. \_\_\_\_\_
2. \_\_\_\_\_

2. On what do you spend most of your money?

1. \_\_\_\_\_
2. \_\_\_\_\_

3. In what do you place your security?

1. \_\_\_\_\_
2. \_\_\_\_\_

4. What makes you feel important?

1. \_\_\_\_\_
2. \_\_\_\_\_

5. What do you daydream about?

1. \_\_\_\_\_
2. \_\_\_\_\_

TOP THREE:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### WEAK MOTIVES TEST

---

Which of these pressures cause you to lose motivation?

0      1      2      3      4      5

- Negative attitudes
- Wrong priorities
- Burnout
- No time with God
- Negative talk
- Disappointment
- Guilt
- Overcommitment
- Poor eating habits
- Broken relationship
- No time with family
- Fatigue
- No exercise
- Work stress
- Fear

TOP THREE:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## TOTAL MOTIVATION TEST

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Choose the three you struggle with the most out of the total list and write them in the blanks below

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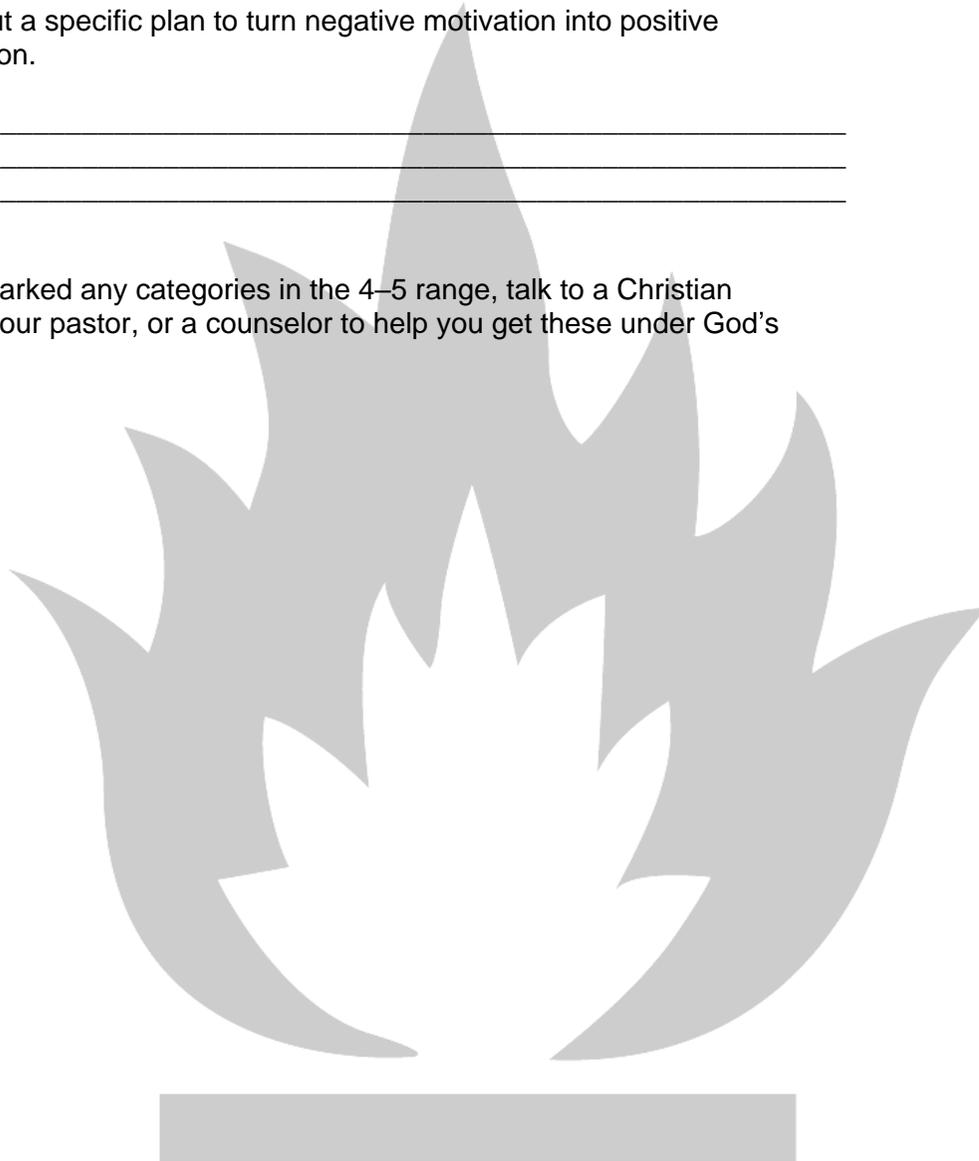
Write out a specific plan to turn negative motivation into positive motivation.

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If you marked any categories in the 4–5 range, talk to a Christian friend, your pastor, or a counselor to help you get these under God's control.



# Destiny Decider #5

## Purpose

### THE PURPOSE DISCOVERY EXERCISE

---

These specific guidelines will help you discover your purpose.  
Work on it some each day until you feel comfortable with it.

#### Five Questions

Ask yourself these specific, penetrating questions. 4 Jot down notes on a separate piece of paper as you think through each one. Pray, asking God to reveal His specific purpose to you.

1. Why do I exist?
2. When I die, what do I want my friends and family to say about me? (What do I want my epitaph to say?)
3. How am I totally unique?
4. What do I feel deeply burdened about?
5. What does God want me to do?

#### Five Instructions

Using the Five Questions as background, follow these instructions to write your purpose.

1. Pray: "Lord show me Your purpose for me."
2. Make your purpose statement broad.
3. Realize that this statement should span your entire life.
4. Understand that you do not have to express end results or measurable goals. That will come later.
5. Write your purpose statement using the following three steps.
  - Write your statement any way you want. Make it as long as you like. Let this flow. Don't get uptight thinking that if you write something, you will never be able to change it.
  - Write three key words. From what you wrote above identify the three action verbs that express what you want to do with your life.
  - Write the final statement. Using the three key words above, express your purpose as one, brief, clear, easy-to-understand sentence. Remember: It should fit on a T-shirt!

Once you write your purpose statement to your satisfaction, type it. Keep it with you all the time. Memorize it. Verbalize it to others. Carry it in your wallet. Place it in the front of your notebook.

# Destiny Decider #6 Values

## VALUES INVESTIGATION

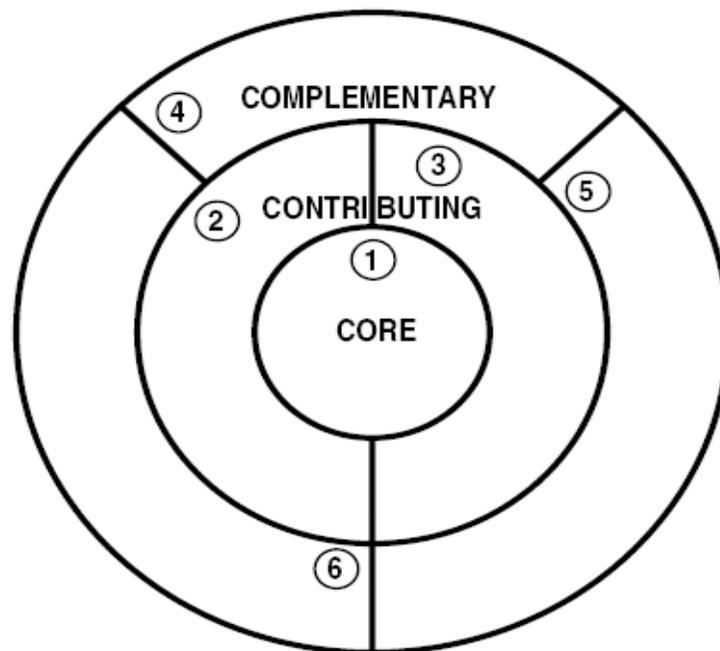
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Follow these steps to determine your values.

1. Brainstorm possible values. Make a list of all of your possible values. Then look through them to see if any of them could combine with others.

2. Understand the following values grid.

Picture your values like this:



Ask yourself these questions:

- What is my core value? The most important one to you.
- What values contribute to my core value? The two values that are next most important to you.
- What values complement my first three values? The three values that you consider most important after the first three.

3. Choose your final list of six values. Determine the six values that you deem most important, then decide your one core value, your two contributing values, and your three complimentary values.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

4. Define each value as an action statement. Begin the statement with an action verb, and then define how the value will be expressed. (For example: Family. Love my family by serving the.)

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5. Identify any incongruity. Write down any areas where your behavior does not match up to your values. Ask the Lord to bring your behavior in line with your values. Take whatever steps He shows you.

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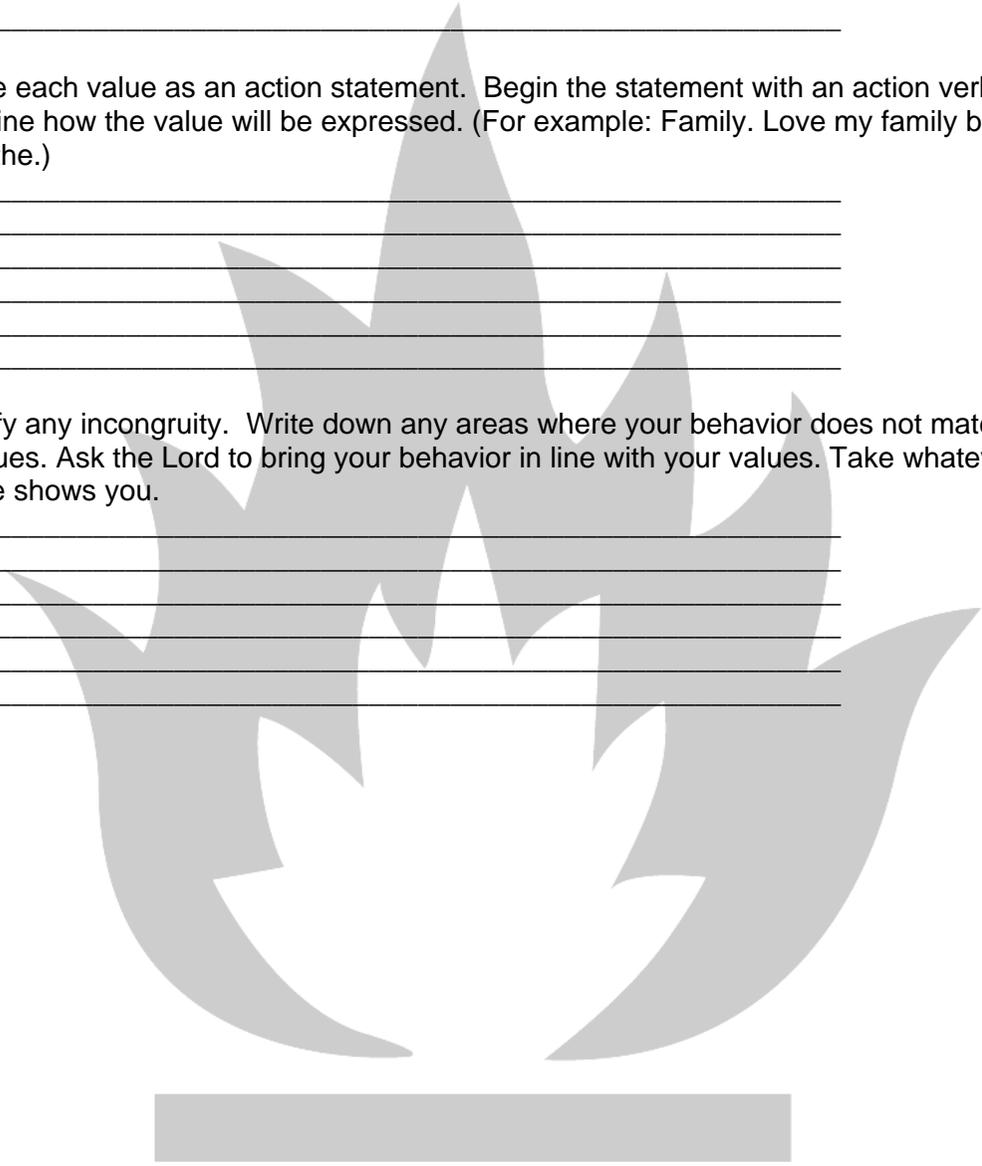
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# Destiny Decider #7

## Goals

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### GOAL SETTING EXERCISE

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Write your goals using the following outline.

- Set at least one goal under each category. Make each one personal (yours not somebody else's), practical (realistic), and measurable (specific).
- Under each goal write down the steps you'll need to take to help you get there.
- Set your One Year Goals.
- Then use your One Year Goals to set your Monthly Goals.
- Take plenty of time to work on this. Don't feel like you have to finish it all in one week.

#### MY LIFE PURPOSE

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#### ONE YEAR GOALS

(Luke 2:52)

- Spiritual (quiet time, prayer, Bible study, accountability/discipleship, outreach, church, ministry)
- Mental (school, grades, reading)
- Physical (exercise, diet, sleep)
- Social (friends, dating standards, activities)
- Family (parents, brothers, and sisters)
- Job/Finances (hours worked, money earned, possessions, tithe)

#### MONTHLY GOALS

(Luke 2:52)

- Spiritual (quiet time, prayer, Bible study, accountability/discipleship, outreach, church, ministry)
- Mental (school, grades, reading)
- Physical (exercise, diet, sleep)
- Social (friends, dating standards, activities)
- Family (parents, brothers, and sisters)
- Job/Finances (hours worked, money earned, possessions, tithe)

## TIME EXERCISE

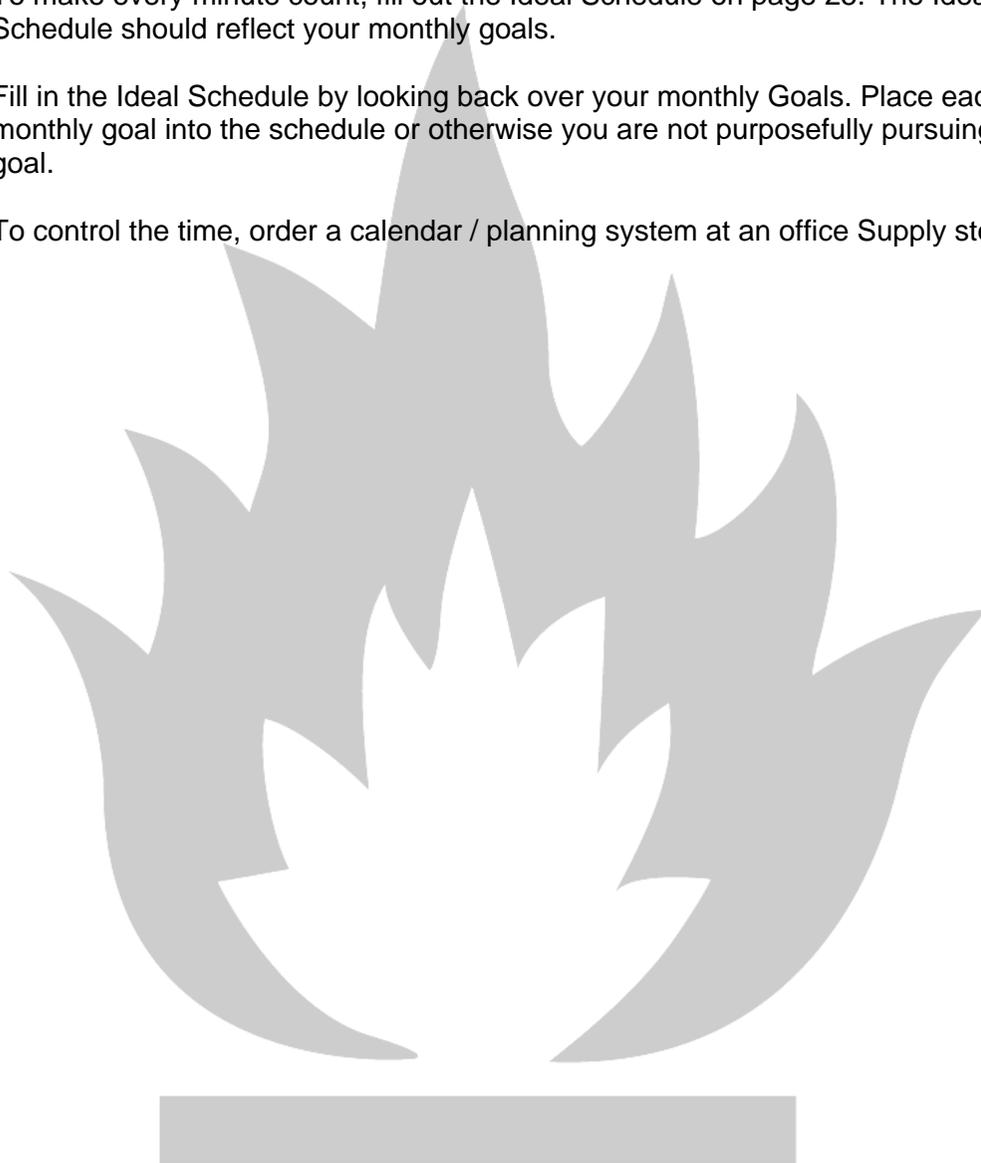
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To use your time most wisely, take these steps.

1. To observe accurately how you live, fill out the Daily Time Log on page 24 for one week. It will help you know with accuracy where your time is going now. You will be surprised!
2. To make every minute count, fill out the Ideal Schedule on page 25. The Ideal Schedule should reflect your monthly goals.

Fill in the Ideal Schedule by looking back over your monthly Goals. Place each monthly goal into the schedule or otherwise you are not purposefully pursuing that goal.

3. To control the time, order a calendar / planning system at an office Supply store.



# Destiny Decider #8

## Time

### DAILY TIME LOG

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00							
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## IDEAL TIME SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# Destiny Decider #9

## Decisions

### DECIDE

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Pick one major decision you face now. Use the DECIDE approach to make that decision. Process that through the sheet on the next page.

The Decision:

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Discern Your Attitude. Will this decision serve me or serve Christ?  
Exalt Jesus as Lord. Is this decision based on what Jesus desires?  
Choose to Obey. Am I choosing to obey?  
Implement the STEPS Am I using STEPS to think through the decision?

See the goal clearly.  
Take in the facts.  
Evaluate the alternatives.  
Project strengths and weaknesses.  
Select the best alternative.

Delight in the decision. Am I enjoying this decision?  
Evaluate with tests. Have I thoroughly evaluated this decision?

Communication test (listen intently)  
Conscience test (Holy Spirit confirmation)  
Conviction test (promise from God)  
Counselor test (someone I respect)  
Calmness test (peace)

## Notes

### Destiny Decider #1

1. Information on these personality types came from a variety of sources including Tim LaHaye, Spirit-Controlled Temperament; Fred and Florence Littauer, "Personality Plus" (Forrest and Nancy Mobley, "Marriage Lifelines" notebook based on the DISC test (Tallasse, Ala.)) and my personal observations. The instructions, test, and scoring sheet were developed for me by Bill Kallenburg of Student Leadership Development (Avondale, GA.).

### Destiny Decider #2

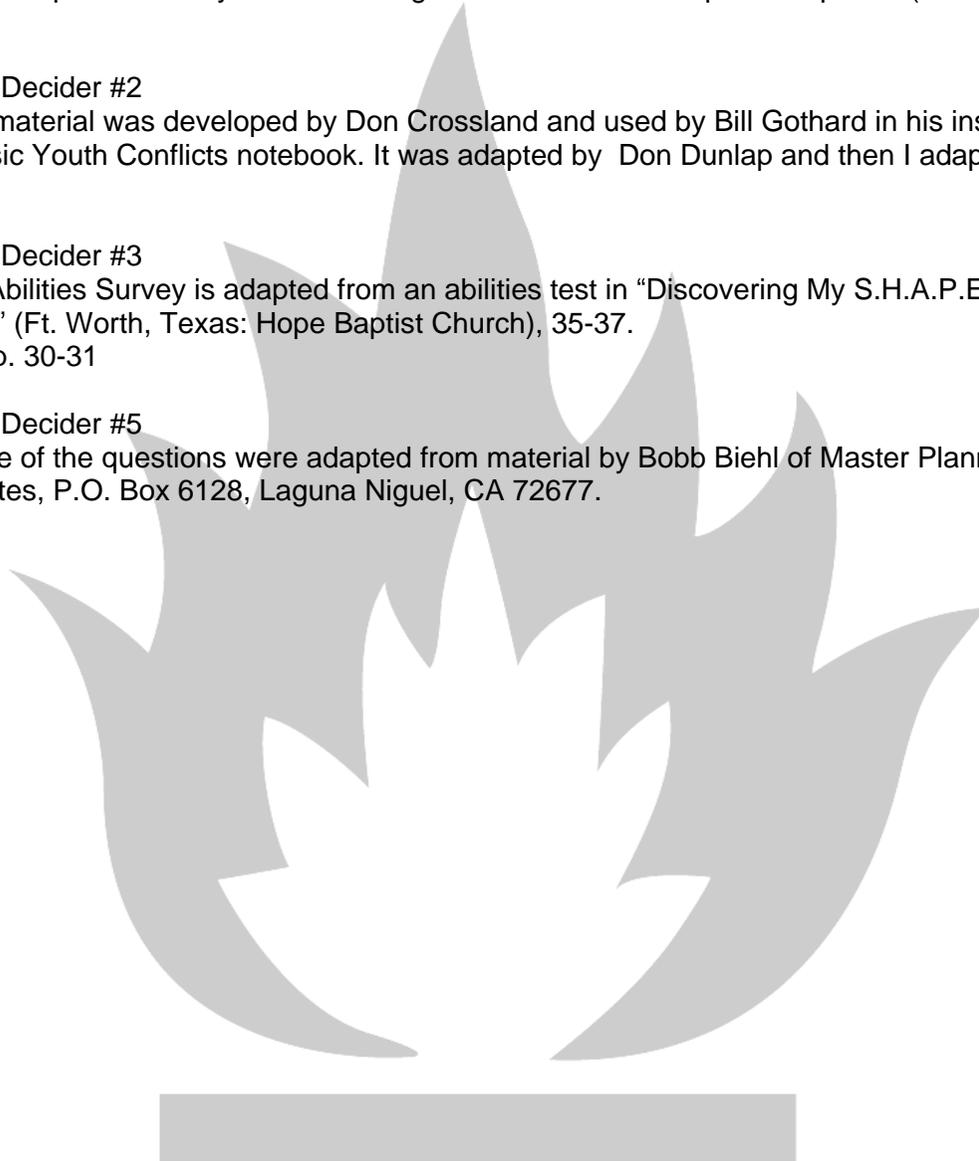
1. This material was developed by Don Crossland and used by Bill Gothard in his institute and Basic Youth Conflicts notebook. It was adapted by Don Dunlap and then I adapted it again.

### Destiny Decider #3

1. The Abilities Survey is adapted from an abilities test in "Discovering My S.H.A.P.E. for Ministry" (Ft. Worth, Texas: Hope Baptist Church), 35-37.  
2. Ibid, p. 30-31

### Destiny Decider #5

1. Some of the questions were adapted from material by Bobb Biehl of Master Planning Associates, P.O. Box 6128, Laguna Niguel, CA 72677.



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